



A Resilient Spirit for Challenging Times

COGS WOMEN'S RETREAT

OCT 31 – NOV 2, 2025

Join us in the Enchanted Desert
of New Mexico to Empower

Join us in the Enchanted Desert of NM to

WITH the spirit of the chamisa, the rustle of cottonwood trees, the sand under our feet, the wide sky overhead ♦

BY EXPLORING our inner selves, our own spirit, our divine wisdom, our inner peace

THROUGH support with soul sisters in our community, sharing stories, listening to each other, walking in silence side-by-side

EXPERIENCING the sacred

KNOWING the blessings always present around us



Join us in Southwest Albuquerque, at the Abbey of Santa Maria de la Vid, a serene center appointed with local art and artisan work on seventy acres of natural beauty, with guest houses, a Desert Chap-

el, a Library featuring a collection of over 20,000 volumes on spirituality, scripture, prayer and more, Abbey Church and a newly refurbished labyrinth; all against the backdrop of New Mexico's beautiful mountains and mesas.

www.norbertinecommunity.org

Norbertine Spirituality Center,
at Santa Maria de la Vid Abbey

COMMONS

A separate building for our private group retreat with a large meeting room, fully equipped kitchen, restrooms, and a patio with firepit overlooking the Abbey grounds



MEALS

Friday evening dessert and finger foods

Continental Breakfast with protein Saturday & Sunday

Saturday Lunch provided by the committee

Saturday Dinner by the top-rated Abbey chef in their spacious dining room

If you have dietary restrictions, please state these on the Registration Envelope so that you may be accommodated.



TIMES

Friday: Arrival 3pm-5 pm, Retreat check-in 5pm, Program begins at 6:30pm

Saturday: Group gathering begins at 8:30am

Sunday: Closing Ritual at 10:30am, Room check-out before 12:00pm ◆

Please note registration requires each participant to be present for the entire retreat time.

COSTS

FOR TWO NIGHTS INCLUDING
MEALS AND SUPPLIES

- **\$180** if you wish to share a double room
- **\$210** if you wish to have a single room

All rooms include two single beds, a full bathroom, a hanging closet, a desk and chair.



Two ACA compliant rooms, if needed, are also available. These are single rooms, at the single room rate of \$210



PLEASE don't let \$\$ stop you – See Pastor Sarah if you need help with the cost of the retreat. This will be held in full confidentiality.

REGISTRATION

Please use the registration envelope. Return with your information and cash or check made out to **COGS** with **WOMEN'S RETREAT** in the subject line, no later Sunday, **SEPTEMBER 28th, 2025**

PLEASE REGISTER ASAP
SPACE IS LIMITED

